Effective July 1, 2022

Below are the University's current requirements and expectations for activities and behavior to keep our community healthy and safe. These rules are in effect until further notice. The University, through the Health Care Advisory Group (HCAG) and the COVID-19 Medical Response Office (CMRO), or other entities as designated by the Chancellor to perform these functions, will regularly evaluate the conditions on our campuses and may change these rules if pandemic conditions change.

**Health**

- **Personal Hygiene.** Personal hygiene is a key element of mitigating the spread of illness and protecting yourself and others. Best practices regarding personal hygiene can be found [here](#).

- **Face Coverings.** The University's requirements for face coverings will at a minimum be consistent with CDC guidance for the communities in which our campuses are located. Additional restrictions may be imposed by the CMRO, or other entity designated by the Chancellor, if it determines such protection is needed in certain locations or settings. Additionally, all community members are welcome to wear face coverings based on their own comfort levels and needs. Information and guidance on how to wear a face covering and types of face coverings is available [here](#) and on the CDC's website. Please note a face covering is not personal protective equipment (PPE). See below for more information regarding PPE.

- **Containment measures.**
  - **Mandatory Routine Testing.** University members who are exempted from the requirement to provide proof of vaccination are required to participate in regular COVID-19 testing, as directed by the CMRO or other entity as designated by the Chancellor.

  - **Symptomatic Testing.** Testing is recommended for all individuals who exhibit COVID-19 symptoms, regardless of vaccination status and regardless of a known exposure.

    - **Isolation.** University members who receive a positive test result for COVID-19, regardless of vaccination status, are required to notify the University and must isolate for a period of time that is consistent with CDC guidance at a minimum. University members should also consult with a medical professional for care as needed and to see if their isolation period should be extended to address individual circumstances. Additional details regarding isolation are available [here](#).
Students must inform their campus’ student health office of their diagnosis.

Employees must inform MyHeath@Work (412-647-4949) and their supervisor of their positive result.

- **Contact Tracing.** University members who are confirmed by a medical professional to have COVID-19 must report their diagnosis, as instructed above, and, if asked, must provide names of close contacts so that contact tracing can be initiated to control the spread of COVID-19. Close contact is defined as within six feet of someone for 15 minutes or more over a 24-hour period, regardless of masking.

- **Quarantine.** University members who are notified of close contact with an individual positive for COVID-19 are required to follow the CDC's guidance for quarantine, unless otherwise directed by a medical professional. Additional details regarding quarantine are available here.

- **Personal Protective Equipment.** PPE is equipment worn to minimize exposure to hazards that cause workplace injuries and illnesses, when part of health and safety protocols established by University units working in specialized environments. Those requirements are separate from this document and this guidance does not supersede those PPE requirements. PPE is not required to engage in routine activities on campus and in campus facilities.

- **Illness.** To protect both their own health and the health of others, University members who are sick should stay home until their symptoms abate, especially if those symptoms are similar to those associated with COVID-19.

**Travel**

- University members may engage in professional and personal travel, but should be cognizant of pandemic conditions at their destination and along their route. Local conditions and rules inform the advisability of any travel.

- University members should follow [CDC guidelines for travel](https://www.cdc.gov/coronavirus/2019-ncov/traveler.html), including any travel-related quarantine. Further restrictions may also apply and must be adhered to, as determined by current guidance from the [Pennsylvania Department of Health](https://www.health.pa.gov), the [Allegheny County Health Department](https://www.alleghenyhealth.org), or other county health departments applicable to the Home Campus. The University reserves the right to restrict or suspend business-related travel based on prevailing pandemic conditions.

- **International Travel.**
  - In order to ensure University members’ safety and expedite extraction, should that be necessary, every international business trip must be registered via the Pitt International SOS (ISOS) portal. Booking via Concur/Anthony Travel automatically registers the traveler with ISOS; Registration with the [US Department of State STEP program](https://www.travel.state.gov) is also strongly encouraged.

  - Student travel abroad is governed by the policies of the [Pitt Global Experiences Office](https://global.pitt.edu/experiences).

  - Additional information about international travel is available on the [Global Operations Support website](https://www.pitt.edu/global-ops).
**Purchasing COVID-19 Mitigation Supplies**

- PPE and specialized COVID-19 mitigation supplies for research or clinical use on the University's Pittsburgh campus that have been difficult to acquire during the COVID-19 pandemic are available through a centralized inventory managed by the DSS. PPE and specialized COVID-19 mitigation supplies may be withdrawn from the DSS for research/clinical use only. Only departments/areas on the Pittsburgh campus may withdraw supplies from the DSS. Regional campus needs should be coordinated through each regional campus' central purchasing operations. Visit the [Purchase, Pay & Travel website](#) for more information.
- PPE and COVID-19 mitigation supplies for uses other than research or clinical use are available from several University-wide Contracted Suppliers through the PantherExpress System. Visit the [Purchase, Pay & Travel website](#) for more information.

**Research**

- **Fieldwork.** The safety of fieldwork depends heavily on local conditions (where the fieldwork is taking place), and fieldwork outside the researcher's campus county should only be initiated if local conditions warrant. Questions regarding feasibility or preapproval requirements for fieldwork should be directed to your Dean or Associate Dean for Research (ADR) and use the process your unit has previously used (lab director, department chair, dean's office). Fieldwork requiring international travel should adhere to COVID-19 Travel Recommendations by Destination.